



SERVICE Above Self

ROTARY VOTARY

The Rotary Club of West Chester

Carl-Wilhelm Stenhammar, International President 2005-2006

Bulletin #04

www.WestChesterRotary.us

July 28, 2005

This Week's Program: July 28, 2005

Bridge of Hope

Speaker: Edith Yoder

Arranged by Dave Rayburn

MINUTES by Faith Woodward

President Gary opened the meeting and after singing "America," **Dave Biffen** gave the invocation.

Guests were introduced by **Mel Josephs** (students from Poland and Moldovia), **Eric Metzker** (exchange student Gerardo from Chile), and **Annalie Korengel-Lorgus** (Katherine Metzker).

Sue Casso wished a happy birthday to **Trish Kotsay**.

Happy bucks came from **Bob Crowe, Jim Stuart, Duke Evans, Steve Godsall-Myers, Bud Deaver, Geoff Baker, Lonnie Beck, and Joanne Tadeo**.

President Gary geared us up for the Chili Cook-Off on October 9 and suggested all those who will be volunteering that day should buy our Rotary hats for \$12.

Annalie Korengel-Lorgus brought photos of the installation of officers and the picnic and offered "chili" necklaces to those who have signed up with teams for the Chili Cook-Off. She also exchanged a club banner from Blue Ash, Ohio.

Carol Metzker introduced Gerardo Soto from Santiago, Chile who is here for a 4-week student exchange. Several Rotarians have already involved Gerardo in activities. **Annalie Lorgus** had a cook out, **Mary Lou Jennings** had a party, **Mel Josephs** gave him a tour of WCU, **Victoria Dow** gave a tour

Next Week's Program: August 4, 2005

Training Corp. Inc.

Speaker: Michele Pepe

Arranged by Annalie Korengel-Lorgus

of the library, **Mark Sammarone** took him to the Phillies, and the **Carol and Eric Metzker** and **Elizabeth Guman** have entertained him. Gerardo will be going to visit NYC and take in Broadway show with **Frank Helms**. Carol read a message of the beauty of Chile from her daughter who is with Gerardo's family. Gerardo spoke of his town and exchanged a banner from his father's Rotary club in Chile.

The 50-50 was won by **Bill Ronayne** and in his absence, **Joanne Tadeo** drew a non-queen of Hearts.

SPEAKER'S REVIEW by Elizabeth Guman

Those who attended last week's meeting had the opportunity to learn about a medical therapy that has been around for years but just recently approved by the FDA. **Dave Rayburn** introduced Joan Matterson of Laser Use in Healing as our speaker. Jane has her own practice in laser healing and Hickory House is one of the places where clients have the opportunity to work with her.

Jane has been a practitioner of laser healing for 23 years. She has studied in Budapest, Canada and the United States. She is a member of the American Society for Laser Medicine and Surgery and is also a trained physical therapist. Her interest in laser medicine is focused on pain management.

Although laser therapy has only recently been approved by the FDA, the use of light in

healing has been around since ancient history when having patients intentionally exposed to the sun was part of some healing practices. The first laser was used in medicine in the 1960's. Some of the clinical benefits of laser therapy include tissue repair for skin wounds, tissue inflammatory conditions and pain reduction, especially neck and back pain, and diabetic ulcers and wounds.

Jane explained that laser therapy works by stimulating the healing process. Proponents of laser therapy point out that it is a better healing process as it works from the inside out, rather than the outside in. A common question is how safe it is. Jane explained that it is very safe and is classified for safety risks in the same category as denture repair kits and MRI's.

Some well known figures who have used or are currently using laser therapy include Terrell Owens who used it on his injury prior to the Superbowl and Lance Armstrong's biking team. One of the primary sources of laser therapy research at this time is the military. Jane pointed out that this therapy could save the United States substantial money in health care costs. For example, it definitely could help reduce the \$3 billion in Medicare spent each year for wound supplies.

There is lots of hope for the good laser therapy can do. One area that is being researched right now is how this therapy might be used to decrease spasticity with people with Cerebral Palsy. Jane shared some personal stories with us, including one where a woman with arthritis had to have someone feed her because the pain in her joints did not allow her arm to reach her mouth. After laser therapy treatments that radiated her joints, she can now use that hand to feed herself.

Overall, this program brought understanding of a medical therapy that is growing in use and has very practical current use and the potential for many more uses that will probably touch many of our lives at one point in the future.

SAVE THE DATE

Aug 16 District 7450 RF Barbeque
Oct 9 Chili Cook off

POLIO ERADICATION

"In the effort to eradicate polio, Rotary International has spurred a model private-public partnership. The combined strengths of civil society, the private sector, governments and international agencies, have made enormous progress in what seemed an impossible task," Dr. LEE Jong-wook, Director General of WHO, told Rotarians gathered for the centenary celebrations in Chicago, Illinois. –From the RI web site

EXCHANGE STUDENT

Gerardo Soto (Santiago, Chile)
Host family: Eric and Carol Metzker
1109 Forsyth Lane
West Chester, PA 19380
610-793-4286

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