



Lend a Hand



ROTARY VOTARY

The Rotary Club of West Chester

Jonathan Majiyabe, International President 2003-2004

Bulletin #31

www.WestChesterRotary.us

February 26, 2004

This Week's Program: February 26, 2004

Speaker: Jack Grant, District Governor

Arranged by Steve Quigley

Next Week's Program: March 4, 2004

Jen Brookover, Jodi Byrd, Judd Strauss, and Maggie Tripp

WCU Students Making a Difference

After Graduation

Arranged by: Madelyn Adler

MINUTES by Cathy Palmquist

President Charles called the meeting to order and Steve Godsall-Myers stepped up to give a thoughtful invocation since no one seemed scheduled to do so.

Matt Schwab was poised to introduce the visiting Rotarians but there were none. Guests introduced included Mary Laviola (by Domenic Carnuccio), Valerie Nastasie (by Joe Polito), Heidi Owen and Jake the Therapy Dog (by Dave Rayburn) and a lovely lady (by Scott Scrivner).

Happy bucks were contributed by Joe Polito (St Joe's win), Eric Metzker (Carol got off to India okay), Dave Biffen (son graduated from college), Mike Alfonsi (Bill Winter's new responsibilities), Annalie Lorgus (Joe Polito's contributions to the club), Joe DellaVecchia (new grandson), Steve Quigley (Jean Oakes national second place win and donation of her \$2,000 winnings to the Senior Center), Bill Winters (his alma mater Stanford's win), Bill Deaver (his son's 35th birthday). Domenic Carnuccio (his marriage and other good things). We're a *really* happy club this week!!

Club members were urged to sign up for the Rotary Leadership Institute on March 6th in Plymouth Meeting. The club will even pay the modest participation fee. President Charles explained what the Institute is and said it is a very inspirational experience.

Debbie Ellenberg extended birthday wishes to Joe Polito and Mark Sammarone and asked us to convey birthday wishes to Jeff Sommer if and when we see him.

Following the interesting program on hospice, fruit czar Geoff Baker gave an update on the

fruit sale and reminded all there are only two more meetings to sell fruit. Geoff introduced the special bear, donated by Mark Sammarone, who is joining Ted E. Bear. He then called on Steve Karp, last year's fruit sale coach, to lead some cheers and urge members on to sell fruit.

Lee Bunting won the 50/50, but missed the queen and the \$420 pot.

Charlie Liddane told about the used medical books from Chester County Hospital and Johns Hopkins that he and Vic Abdula are driving to Atlanta GA to be shipped to Africa. They have already helped send over a million dollars worth of medical equipment there.

Duke Evans gave an update on former club president and YMCA leader Jack Lund.

SPEAKERS REVIEW by Eric Metzker

"I cannot change what is happening to a person (with a terminal disease), but I do have the power to change how that disease impacts the patient's life." This is the power of the Chester County Hospice Program according to Heidi Owen, Director.

A trained nurse with ten years of hospice work, Heidi brought to us a program on just one of the many ways the end of life experience is being improved. Through a focus on the spiritual, psychological and social components of care in addition to the vital medical side of care, Heidi started the program for Pet Therapy about two year ago. Pet Therapy involves direct interaction between hospice clients and trained, certified pets who bring a friendly face and happy wag of the tail to lift the spirits.

Certified Therapy Pets join a wide range of caregivers including social workers, therapists,

companions, home care aides, RNs, LPNs, aroma therapists and music therapists. Heidi's co-presenter Jake, a Golden Lab and certified Pet Therapy dog, gave us a dose of his friendly, gentle care. Jake's interested and social bearing as he walked through the crowd instantly made friends in the club. He illustrated how quickly a smile can be brought to the face by the use of this complementary therapy.

While a difficult subject for some, Heidi shared the lighter side of hospice with a story of a 90 year old woman who decided she was ready for the kind of care available from Chester County Hospice. This woman lived below an ailing neighbor who regularly received visitors from the Program. It was clear that, whatever was going on, this person was receiving an enviable array of positive attention and care. Determined that she too would benefit from these helpful and friendly folk, she demanded to be enrolled in the program.

When told she needed a doctor's recommendation, she quickly called her physician and made her requirements quite clear. With a smile in his voice, the doctor related to Heidi that the woman was extremely healthy and had years left to live (hospice is recommended when 6 months or less is expected). Unaware of the 'qualification criteria', she was at first disappointed. After a gentle explanation and a little volunteer attention, her spirits rose – she clearly underscored how well this program provides care.

FRUIT SALE

Don't forget, buy fruit and give it away to your employees. Even if you do not want to sell fruit, at least buy a case for YOURSELF! Weekly stats can be seen on the rotary web site at:

<http://www.westchesterrotary.com/images/fruitcart020704.jpg>. Don't forget, donations are always welcome. Send donations, payable to the Greater West Chester Rotary Foundation (Tax Deductible) to the club at PO Box 743, West Chester, PA 19381.

THORNDALE ROTARY EVENT

A Night at the Races will be held on Saturday March 13th by the Thorndale Rotary. We are selling horses at a cost of \$10 a piece. This buys them a 1in10 chance of winning \$50 dollars. It also allows for admission to the beef and beer at the Thorndale firehouse. We have a fun night planned and we invite those interested. Please contact President Ken at www.kennyfinancial.com

SAVE THE DATE

February 28th - [District Committee Training Wyndam Hotel in Wayne 8 AM until Noon](#)

March 5th - [Deadline for Fruit Sale orders and payment](#)

March 13th - [Pickup Date for Fruit \(snow date 3/20\)](#)

EXCHANGE STUDENT

Sachie Koizumi, from Japan

Host family: Mr & Mrs Jay Johnson

1105 Daniel Davis Lane W C, PA 19380

610-793-2575(H), 800-441-7048 Ext 20507

MEETING ON MARCH 18

Westtown School is pleased to host the Rotary meeting on Thursday, March 18, at the regular time. Lunch is \$9 as usual. The meeting and lunch will be held in the Dining Room in the Main Building

Visit the website www.westtown.edu for information about the School, including maps and directions. If you have any questions, please contact Ceil Guetter at ceil.guetter@westtown.edu or 610/399-7920

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Betty Ann Flynn, Asst. District Governor Area 8

Robert Poole, III, M.D., P.D.G. 1980-1981

“HOW TO GET IN TOUCH”

Rotary Votary Committee: Faith Woodward,
Publisher Work: 610-918-3432 Home: 610-692-5411 Fax: 610-918-3404 e-mail: fwood@bf.kendal.org

Mark Sammarone, Vice-Chair and Web site maintenance Committee Members: Jim Gasho, Elizabeth Guman, Craig Kalemjian, Steve Karp, Fran Luft, Eric Metzker, Cathy Palmquist, Joe Polito